

Spicy Moroccan Chickpea Soup

This Soup is thick, hearty and warming and packed with flavour. Naturally Gluten free and Vegan too

Ingredients

- 1/2 Small red onion
- 1/2 Garlic clove, minced
- half a medium carrot, diced
- half a celery stalk
- 1/3 a tin of chickpeas, rinsed
- 3 tomatoes chopped
- or 1/3 tin chopped tomatoes
- 1/4 tsp cayenne pepper
- 1/4 tsp ground cinnamon
- 1/4 tsp paprika
- 1/4 tsp cumin
- 1/2 vegetable stock pot or stock cube
- 200ml hot water
- (to garnish) fresh mint leaves and toasted cashews

Instructions

- 1. Add the chickpeas, tomatoes, onions, garlic, spices and stock to the Justme Soup maker
- 2. Replace the lid so that the shape of the lid aligns with the body and the lights will stop flashing
- 3. Select the smooth function. The SMOOTH light will remain on and constant, this means cooking has begun
- 4. This program will gently cook the ingredients and then blends the soup to a smooth consistency

- 5. After 19 minutes the program will finish and the machine will beep 3 times.
- 6. Pour out your soup and top with toasted cashews and fresh mint

